



## Curriculum statement for the teaching and learning of Relationship and Health Education at Manor Hill First School


### INTENT

Manor Hill holds children at its heart, and its cohesive vision helps children understand and value how they fit into and contribute to the world. With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. We aim to provide our children with opportunities to learn about their rights and responsibilities, the knowledge they will need to make informed decisions about their well-being, physical health and relationships and an appreciation of what it means to be a member of a diverse society. We want our children to understand and respect our diversity and differences so that they can go on to form healthy, fulfilling and successful relationships. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life. Our lessons also include mindfulness allowing children to advance their emotional awareness, concentration, focus and self-regulation.

### Implementation

We understand that high quality, age-appropriate teaching of Relationship and Health Education can help prepare pupils to develop the skills needed to become successful citizens. The subject is delivered in a variety of ways, both discretely and within our wider curriculum as well as through our whole school inclusive ethos and values. The curriculum demonstrates appropriate subject knowledge, skills and understanding to fulfil the statutory requirements for Relationship and Health Education as well as the objectives laid out in the PSHE Association's Programme of Study.

**Jigsaw** - At Manor Hill, Relationship and Health Education is based on a scheme of work called Jigsaw, it is tailored and supplemented to reflect the needs of our pupils. Each half term, there is a focus theme which is followed throughout the school. These are **Being Me in My World, Celebrating Difference, Dreams and Goals, Happy Healthy Me, Relationships** and **Changing Me**

Implementation	<p><b>Weekly Well- Being Sessions</b></p> <p>At Manor Hill we believe Relationship and Health Education plays a vital part of primary education and needs to be taught weekly. This enables staff to ensure full coverage. There are also occasions where staff may feel it necessary to teach a Relationship and Health lesson as a result of an issue which has arisen in their own class.</p> <p>A range of teaching strategies are used to ensure that learning is purposeful, active and engaging. Each lesson begins with a short mindfulness activity to get children calm and focused, followed by a game or activity to unite them as a class team. Lessons have clear learning objectives and involve a high level of interaction where each pupil has planned opportunities for whole class/group/paired/ individual learning which will enable them to explore and share their ideas.</p>	<p><b>Evidence</b></p> <p>Evidence of whole class discussion/activity is recorded and kept in the Whole Class Jigsaw Journal and children have their own personal Jigsaw Journals to record their own thoughts, ideas and responses which will follow them as they move through the school.</p>	<p><b>Assessment</b></p> <p>The progression grids set out age-related expectations which can be used to provide an overview of reasonable expectations of achievement across Relationship and Health Education for each year group.</p> <p>Teachers will assess half termly on a scale of Emerging, Expected and Exceeding.</p> <p>At the end of each lesson the children fill out their own self-assessment to identify if they feel they have met and understood the objective.</p> 
Impact	<p>By the time the children leave Manor Hill they will have a willingness and ability to try new things, push themselves and persevere. To have a good understanding of how to stay safe, healthy and develop good relationships. To have an appreciation of what it means to be a positive member of a diverse, multicultural society. To have strong self- awareness, interlinked with compassion of others.</p>		